



Resources

Websites: To help you make informed maternity care decisions...

American Association of Birth Centers
www.birthcenters.org/

American College of Nurse Midwives - Share with Women
www.midwife.org/share_with_women.cfm

American Congress of Obstetricians and Gynecology - Ethics in Obstetrics
www.acog.org/from_home/publications/ethics/

Childbirth Connection
www.childbirthconnection.org

Coalition for Improving Maternity Care Services (CIMS)
Recommended Downloads: *Having a Baby? - Ten Questions to Ask & Breastfeeding is Priceless*
www.motherfriendly.org/downloads.php

Lamaze for Parents
www.lamaze.org

March of Dimes
www.marchofdimes.com/pnhec

Mothers Naturally (Midwives of North America)
www.mothersnaturally.org/

Colorado Midwives Association
<http://www.coloradomidwives.org>

National Association of Certified Professional Midwives
<http://nacpm.org>

iPhone & Facebook Applications:

BirthWatch
apps.facebook.com/birthwatch/

iBirth
www.ibirthapp.com/

Movies & Documentaries:
The Business of Being Born
www.thebusinessofbeingborn.com



Home Delivery
www.homedelivery-themovie.com/

Orgasmic Birth
www.orgasmicbirth.com/

Pregnant in America
www.pregnantinamerica.com

What Babies Want
www.whatbabieswant.com/

Professionals

To refer you to some of our community's professionals who we have experience working with...

Acupuncturists

David Scrimgeour
www.sixpersimmons.com

Jane Crawford
303-443-1710

Janine Malcom
www.naturedocj.com

Suzanna Carlton
www.bewellboulder.com

Gigi Terinoni
www.jadeturtlehealth.com

Kate Blalack , M.S.O.M., L.Ac.
www.chinesemedicinedoc.com

Tara Faith Brockman, M.S., L.Ac.
www.chautauquahealth.com

Birthing Centers

Birth Center of Boulder
www.birthcenterofboulder.com

Mountain Midwifery Center of Colorado
www.mountainmidwifery.com



Cesarean Birth

C-Section Recovery Kit | After C-Section - Abdomend™
www.csectionrecoverykit.com

ICAN of Colorado
<http://icancolorado.org>

Childbirth Educators

Bonnie Slater
www.birthassistantsofboulder.com/bonnie.html

Cassie Friesen
www.hypnobabieswithcassie.com

Elizabeth Moore (for home birth)
www.celebratebirth.net

Erika Primozich
www.diveintobirth.com/about-erika.html

Chiropractors

Christine Sigg
303-827-3541

Dr. Amber Thompson
www.southboulderchiropractic.com

Steve Nagel
www.nlcwellness.com

Craniosacral Therapists

John Chitty
www.energyschool.com

Merry Witty
www.merrywitty.com

Dr. Angelika Schultz
www.cranio-world.com/

Early Childhood Programs

Jane Smolens/Music Together
www.mountainsongmusic.com



Fatherhood

Inspired Fatherhood Group - Michael LeFevre, MA
www.heartmindcounseling.com

Fathers Matter Group - Trevor Graham, PsyD and Kathryn Black, PhD
www.fathersalwaysmatter.com

Herbal Medicine

Apothecary Tinctura
www.apothecarytinctura.com

Rebecca's Apothecary
www.rebeccasherbs.com

Wishgarden Herbs
www.wishgardenherbs.com

Lactation Consultants

Becoming Mothers
www.becomingmothers.com

Camille Reiner, RN, IBCLC, CEIM
www.mamarising.com

Darcy Kamin
www.darcykamin.com

Lauri Hughes, CLC®
www.birthassistantsofboulder.com/lauri.html

Nichole Calagias Didelot, CLC®
www.joyfulmidwife.com

Michele Kolakowski CLC®
<http://www.sanctuaryhealingartsllc.com/>

Maternity & Infant Massage Therapists

Karey Baker
www.newmoonbodywork.com

Health Center of Integrated Therapies at Longmont United Hospital
www.luhcares.org/Services/HealthCenter.aspx

A Mellow Mood
www.amellowmood.com

Michele Kolakowski
www.birthassistantsofboulder.com/michele.html



Ranelle Williams
www.lifeontheinside.biz

Maternity & Baby Photographer

Caroline Colvin Photography
www.carolinecolvinphotography.com

Bonnie Slater
www.barefootbabies.com

Kyla Berry
www.kylaberry.com

Midwives

Colorado Midwives Association
www.coloradomidwives.org

Birth Center of Boulder
www.birthcenterofboulder.com

Mountain Midwifery Center of Colorado
www.mountainmidwifery.com

Parenting Educators

Patience Bleskan
www.patiencebleskan.com

Selena Shelley
www.selenashelley.com

Stephanie Bryan
www.realparenting.net

Feather Berkower
www.parentingsafechildren.com

Physical Therapists (Women's Health Specialty)

Caroline Creager
www.carolinecreager.com

Jeanette Burney
www.bch.org

Michelle Kreisberg Palmer
www.embodypt.com



Pediatricians

The Pediatric Center
www.thepediatriccenter.net/

Boulder Medical Center
www.bouldermedicalcenter.com/depts/pediatrics.php

Broomfield Pediatrics
www.broomfieldpediatrics.com/

Roy Steinbock
www.mindfulpediatrics.com

Boulder Medical Center Family Practice
www.bouldermedicalcenterpc.com

Placenta Encapsulation

Carrie Hankins
www.theplacentaladydenver.com

Nichole Calagias Didelot
www.joyfulmidwife.com

Postpartum Doulas

Michele Kolakowski, Birth & Postpartum Doula
www.sanctuaryhealingartsllc.com/

Beyond Birth
www.beyondbirthmidwiferycare.com

Caroline McTigue
www.sunflowerdoula.com

Colorado Doulas Association
www.coloradodoulas.com

DONA International
www.dona.org

Kerry Temple-Wood
www.motherwisdom@q.com

Johanna Quesenberry
www.johanna@pushboulder.com

Sonya Bastow, Certified Ayurvedic PP Doula
www.mettadoula.com

Sharon Ferguson
www.sharonsoarz@yahoo.com



With Women
www.with-women.com

Psychotherapists

Catie McDowell
www.catiemcdowell.com

Kate Kripke
www.katekripke.wordpress.com

Selena Shelley
www.selenashelley.com

Support Groups

Mothering Without a Map
www.kathrynblack.com

The New Mom's Connection
www.themomsconnection.net

The Yoga of Parenting
www.theyogaofparenting.com

Postpartum Support International
www.postpartum.net
www.postpartumdads.org